



## JULY - SEPTEMBER 2018 ARTICLES

- [WEEK OF 9/24/18](#) - Fast Family Meals for Busy Weeknights (Recipe: Double Decker Black Bean and Corn Quesadillas)
- [WEEK OF 9/17/18](#) - Meal Solutions Made Easier (Recipe: Greek Stuffed Peppers)
- [WEEK OF 9/10/18](#) - Family Meals Matter (Recipe: Quick Chicken Tostada)
- [WEEK OF 9/3/18](#) - Tailgate Tips (Recipes: Buffalo Chicken Dip & Raspberry Fruit Dip)
- [WEEK OF 8/27/18](#) - Take the Labor Out of Labor Day (Recipe: Grilled Lemon-Spinach Stuffed Pork Chops)
- [WEEK OF 8/20/18](#) - Lunch Ideas Too Good to Trade! (Recipe: DIY Nachos Lunchbox)
- [WEEK OF 8/13/18](#) - Grape Ways to Prepare for Back-to-School (Recipes: Greek Chicken Salad & PB 'n Grape Roll-ups)
- [WEEK OF 8/6/18](#) - Fresh Fruits and Vegetables are In Season! (Recipes: Confetti Zucchini Salad & Watermelon and Peaches Salad)
- [WEEK OF 7/30/18](#) - Great Grilling! (Recipe: Foil Packet Fajitas)
- [WEEK OF 7/23/18](#) - Fuel the Superheroes in Your Life with Mango (Recipe: Frozen Yogurt-Dipped Mango Pops)
- [WEEK OF 7/16/18](#) - Fuel Your Superhero with Watermelon (Recipes: Kid's Watermelon Strawberry Shake AND Watermelon Berry Popsicles)
- [WEEK OF 7/9/18](#) - School's Out for Summer (Recipes: Fruit and Oat Bars AND Vanilla Pear Frappe)
- [WEEK OF 7/2/18](#) - Once You Hack... You'll Never Go Back! (Recipe: Summertime Avocado Salad)